



## **Referral Form**

If a client or patient of yours could benefit from a consultation appointment at CBT Toronto, reaching out is easy. Simply call the office directly and speak with Sue Sonshine. You can complete this referral form on behalf of your client or patient. They can bring this form with them to their consultation appointment or you can email it to [sue@cognitivebehaviourtherapytoronto.com](mailto:sue@cognitivebehaviourtherapytoronto.com).

Clients can also self-refer. With written consent from the client, the therapist will gladly provide you with updates on their progress throughout the course of treatment.

**Referral date:**

**Referral source name/company name:**

**Reason for referral:**

**Client name:**

**Client cell number:**

**Client email:**

**Cognitive Behaviour Therapy Toronto**  
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